

## R-1155

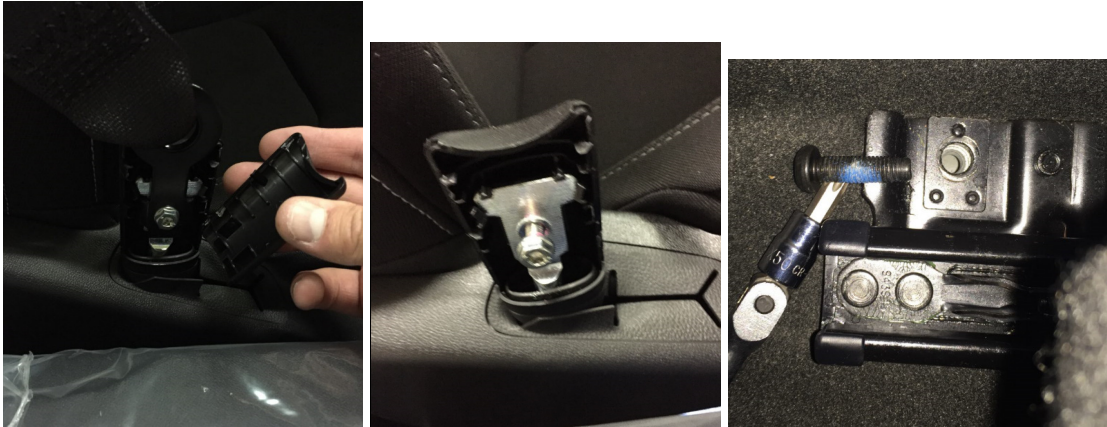
### 6th generation (2016+) Camaro Harness Mount Bar Installation Instructions

#### A. Install harness bar

##### 1. Remove front seats.

Remove plastic cover and disconnect seat belt from seat. Slide the seat all the way forward and remove the rear mounting bolts from slide. Move seat to center position on slider. Lower seat to it's lowest position. Repeat on other seat. Disconnect battery ground cable under hood. Slide seat backwards to disengage front seat rail from floor, tilt the front of the seat upwards, disconnect seat harness, remove seat from car. Repeat on other seat.

Note: Do not disconnect harness plugs until battery ground cable is disconnected from car.



##### 2. Remove rear seat base cushion.

Seat is secured by two latches which are positioned roughly between your legs, towards the front of the seat base, when you are seated in the rear seat. The latch operates purely on friction—there is no release. Gently lift the front of the seat and insert a large pry tool on either side of the latch (which you'll be able to feel with the pry tool). Lift both tools simultaneously until you feel the latch release. This will take a significant amount of force.

Repeat on other side of seat base. Remove seat base from car.

##### 3. Loosely install rear brackets.

The rear brackets mount under the outer factory lap belt mount points. Remove the bolt securing lap belt. Place the harness bar mounting bracket between the chassis and the lap belt mount tab, with the spherical portion of the mount hole aimed towards the center of the car. The factory locating tab on the chassis should go through locating hole on the mount. Insert (factory) bolt until it is snug, but the mounting bracket can still move with some effort. Repeat on other side.

##### 4. Temporarily install bar for alignment and spacing.

Carefully place harness bar in the back of the car. Rest the bar upright, against the back seat. Install the included 7/16-20 x 3/4" bolts that attach the harness bar to the mounting bracket on both ends.

5. Set mount bracket alignment and spacing.

Snug the factory lap belt mount bolts fully to the chassis. Once tightened, the harness bar mount brackets will be locked in position and rotation.

6. Remove harness bar and reinstall back seat.

Remove the two bolts securing the harness bar to the mounting brackets. Remove harness bar from the car. Guiding the factory belts and belt clips through the seat, reinstall rear seat. Seat should be snugly inserted in the rear first, then rotated downward to allow the clips to refasten.

7. Reinstall bar.

Going forward, there is no longer a need to remove the back seat to remove/install the harness bar. To install bar, place upright in back seat, resting against seat back. Compress the seat bottom cushion sufficiently to access the mount, reattach bar using the same bolts as during alignment. Leave harness bar rotated up, resting against seat back, until down tubes are installed.

B) Add clip in harness mount to stock seat

The clip in harness mounts between the factory seat belt receptacle and the seat. Remove torx bolt, remove the retaining clip securing the bolt to the buckle with needle nose pliers, insert supplied clip in harness adaptor, reinstall on seat. The location tab on the factory mount location should pass through the hole on the clip in mount, into the locating hole on the factory seat.



C) Reinstall seats

Do not reconnect battery until both seat harnesses are plugged in or dash lights will be triggered.

D) Install harness bar down tubes

The harness bar down tubes mounts at the base of the bolt that secures the outside slider to the floor. Compressing the carpet with the down tube manually will be required in order to align the bolt properly with the down tube in position.

E) Attach down tubes to harness bar.

Rotate the harness bar forward and down. Adjust the height of the end links in the down tube until they are at the desired harness bar height. Using the included 3/8-24 x 1.25" bolts, attach the down tube drop links to the harness bar end plugs.

F) Tighten everything.

Tighten bolts at harness bar mounts. Tighten bolts at down tube base. Tighten bolts at end of down tube end links.

Installation is now complete! The R-1155 Harness Bar is designed to be used with clip in style lap belts and wrap around style shoulder straps.

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