## HOW TO DETERMINE YOUR HELMET SIZE

EVS-SPORTS.COM


Using a cloth measuring tape, measure the circumference of your head at the point approximately one inch above the eyebrows in front, and at a point in the back of the head that results in the largest possible measurement. Do this same process several times and use the largest of the measurements to find the correct helmet size for you.

Proper helmet fit is vital to the performance of a helmet during impact, it must stay securely on the head. Measuring the head is only starting point for the entire sizing procedure.

Once you finalized your measurement, please utilize the guide below to find the best helmet that fits your size.

## ADULT

| Size | XS | S | $\mathbf{M}$ | $\mathbf{L}$ | XL |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Inches | $20.5-21.25$ | $21.25-22$ | $22-23$ | $23-23.75$ | $24-24.5$ |
| Centimeters | $53-54$ | $55-56$ | $57-58$ | $59-60$ | $61-62$ |

## YOUTH

| Size | S | M | L |
| :--- | :--- | :--- | :--- |
| Inches | $18.5-18.9$ | $19.3-19.7$ | $20.1-20.5$ |
| Centimeters | $47-48$ | $49-50$ | $51-52$ |

