

MEN'S APPAREL SIZE CHART (INCHES)

| Euro Size | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 |
|--------------------|-----|----|----|----|----|----|----|----|----|----|-----|----|
| International Size | XXS | | XS | | S | | M | | L | | 4XL | |
| U.S. Size | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
| U.S. Pant Size | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |

| | | | | | | | | | | | | |
|-----------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| A. Chest (Inches) | 32 1/4 - 33 1/4 | 33 1/4 - 35 | 35 1/4 - 37 | 37 - 38 1/2 | 38 1/2 - 40 1/2 | 40 1/2 - 41 1/2 | 41 1/2 - 43 1/2 | 43 1/2 - 44 1/2 | 44 1/2 - 46 1/2 | 46 1/2 - 48 | 48 - 49 1/2 | 49 1/2 - 51 1/2 |
| B. Waist (Inches) | 26 1/2 - 28 1/2 | 28 1/2 - 29 1/2 | 29 1/2 - 31 1/2 | 31 1/2 - 33 1/2 | 33 1/2 - 34 1/2 | 34 1/2 - 36 1/2 | 36 1/2 - 37 1/2 | 37 1/2 - 39 1/2 | 39 1/2 - 41 | 41 - 42 1/2 | 42 1/2 - 44 1/2 | 44 1/2 - 45 1/2 |
| C. Hip (Inches) | 32 1/2 - 34 1/2 | 34 1/2 - 35 1/2 | 35 1/2 - 37 1/2 | 37 1/2 - 39 | 39 - 40 1/2 | 40 1/2 - 42 1/2 | 42 1/2 - 43 1/2 | 43 1/2 - 45 1/2 | 45 1/2 - 46 1/2 | 46 1/2 - 48 1/2 | 48 1/2 - 50 | 50 - 51 1/2 |
| D. Thigh (Inches) | 19 1/2 - 20 1/2 | 20 1/2 - 20 1/2 | 21 1/2 - 21 1/2 | 22 - 22 1/2 | 22 1/2 - 23 1/2 | 23 1/2 - 24 | 24 1/2 - 24 1/2 | 25 1/2 - 25 1/2 | 26 - 26 1/2 | 26 1/2 - 27 1/2 | 27 1/2 - 28 | 28 1/2 - 28 1/2 |
| E. Inseam (Inches) | 28 1/2 - 29 1/2 | 29 1/2 - 29 1/2 | 30 1/2 - 30 1/2 | 31 1/2 - 31 1/2 | 31 1/2 - 32 1/2 | 32 1/2 - 33 1/2 | 33 1/2 - 33 1/2 | 34 1/2 - 34 1/2 | 35 - 35 1/2 | 35 - 35 1/2 | 35 1/2 - 36 1/2 | 35 1/2 - 36 1/2 |
| F. Outer Arm (Inches) | 20 1/2 - 20 1/2 | 20 1/2 - 21 1/2 | 21 1/2 - 22 | 22 1/2 - 22 1/2 | 23 1/2 - 23 1/2 | 24 - 24 1/2 | 24 1/2 - 25 1/2 | 25 1/2 - 26 | 26 1/2 - 26 1/2 | 26 1/2 - 26 1/2 | 27 1/2 - 27 1/2 | 27 1/2 - 27 1/2 |
| G. Height (Inches) | 5'3" - 5'4" | 5'4" - 5'5" | 5'6" - 5'7" | 5'7" - 5'8" | 5'9" - 5'10" | 5'11" - 6' | 6' - 6'2" | 6'2" - 6'3" | 6'3" - 6'5" | 6'3" - 6'5" | 6'5" - 6'6" | 6'5" - 6'6" |

MEN'S APPAREL CONVERSION CHART (CM)

| Euro Size | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 |
|--------------------|-----|----|----|----|----|----|----|----|----|----|-----|----|
| International Size | XXS | | XS | | S | | M | | L | | 4XL | |
| U.S. Size | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
| U.S. Pant Size | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |

| | | | | | | | | | | | | |
|-------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| A. Chest (cm) | 82-86 | 86-90 | 90-94 | 94-98 | 98-102 | 102-106 | 106-110 | 110-114 | 114-118 | 118-122 | 122-126 | 126-130 |
| B. Waist (cm) | 68-72 | 72-76 | 76-80 | 80-84 | 84-88 | 88-92 | 92-96 | 96-100 | 100-104 | 104-108 | 108-112 | 112-116 |
| C. Hip (cm) | 83-87 | 87-91 | 91-95 | 95-99 | 99-103 | 103-107 | 107-111 | 111-115 | 115-119 | 119-123 | 123-127 | 127-131 |
| D. Thigh (cm) | 50-51 | 52-53 | 54-55 | 56-57 | 58-59 | 60-61 | 62-63 | 64-65 | 66-67 | 68-69 | 70-71 | 72-73 |
| E. Inseam (cm) | 73-74 | 75-76 | 77-78 | 79-80 | 81-82 | 83-84 | 85-86 | 87-88 | 89-90 | 89-90 | 91-92 | 91-92 |
| F. Outer Arm (cm) | 51-52 | 53-54 | 55-56 | 57-58 | 59-60 | 61-62 | 63-64 | 65-66 | 67-68 | 67-68 | 69-70 | 69-70 |
| G. Height (cm) | 159-163 | 164-167 | 168-171 | 172-175 | 176-179 | 180-183 | 184-187 | 188-191 | 192-195 | 192-195 | 196-199 | 196-199 |

HOW TO MEASURE

A. Chest
Measure around the fullest part, under the armpits, keeping the tape horizontal.

B. Waist
Measure around the natural waist line, inline with the navel, keeping the tape horizontal.

C. Hip
Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

D. Thigh
Measure around the thigh just below the crotch, keeping the tape horizontal.

E. Inseam
Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.

F. Arm Length
Measure from shoulder (Humerus) to wrist.

G. Height
Stand against a wall, ask someone else to measure from the floor to the top of your head, keeping the tape vertical.

