





R5 MSS Ltd MSS House A3 Albion Daedalus Park Daedalus Drive Lee On The Solent Gosport Hampshire PO13 9FX United Kingdom

Company No. 09360144

mss.company

### Introduction

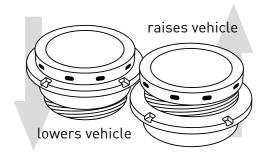
This short guide is intended for use with MSS Kit for Honda Civic Type R (FK8)

## Pre-install steps

Refer to pages 3 and 4 of the latest version of the 'MSS INFO for Installer' or email **support@mss.company** for the latest copy, to measure the current ride height.

#### Front Axle Install Parts List

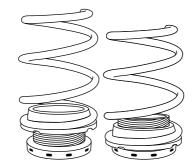
Before you start installing your new MSS Kit, check if all parts listed below have been supplied:







OPTIONAL Large protective sleeves - these fit around the large adjusters





2x MSS PU seats



MSS supplied Large rubber slip mats

to eliminate resonant road noise travelling through the system





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# FRONT AXLE INSTALL PROCEDURE

This is best done with struts removed from the vehicle. Refer to the manufacturer's workshop manual for steps on how to safely remove the struts from the vehicle, remove and refit the springs and on the correct torque settings.

Difficulty level: High

Estimated Time: 90 to 120 minutes per side, assuming the bolts are not seized. Installing your new MSS Kit is best undertaken by an experienced Honda workshop/engineer.

- 1. Remove the OE springs. These will be replaced by the MSS front system supplied.
- 2. Remove the OE rubber dust boots and bump stop. Keep these as they will be re-used.
- 3. Remove the bottom O.E rubber spring mount and replace with black MSS PU seat.
- 4. Sit the adjuster on the PU seat
- 5 OPTIONAL: Fit the MSS protective sleeves over the adjuster and bearing for dust protection.
- 6. Remove O.E top rubber spring mount from metal plate and place MSS supplied large rubber slip mat in its place.
- 7. Fit the grounded face of the MSS large spring flush to the adjuster seat and keep together.
- 8. Now re-fit the protective rubber boot and bump stop over the strut shaft to protect it from debris.
- 9. Fit the camberplate,
- 10. Use a spring compressor to reduce spring height and help secure the arrangement.
- 11. Tighten to the correct torque with appropriate tools used to remove the camberplate.

  Set the adjuster to the desired position; you can always re-adjust as required.





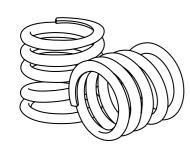
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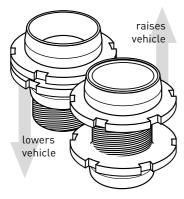
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## Rear Axle Install Parts List

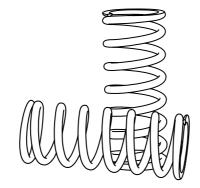
Before you start installing your new MSS Kit, check if all parts listed below have been supplied:



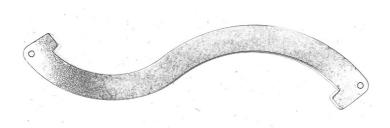




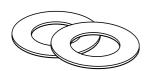
Combined adjusters - to couple the black and orange springs together and adjust height



 $\overline{\mathbf{2}_{\mathsf{x}}}$  Small diameter MSS orange springs



 $oxed{1_{\mathsf{X}}}$  Adjuster spanners – for both front and rear adjusters



MSS supplied Large rubber slip mats

to eliminate resonant road noise travelling through the system



2x OPTIONAL Small protective sleeves - these fit around the combined adjusters





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# REAR AXLE INSTALL PROCEDURE

For the rear stacked arrangement, refer to the latest version of the 'MSS INFO for Installer' guide or email **support@mss.company** for the latest copy.

Difficulty level: Medium ///

Estimated Time: 30 to 45 minutes per side, assuming the bolts are not ceased. Installing your new MSS Kit is best undertaken by an experienced Honda workshop/engineer.

- 1. Remove and replace the upper OE rubber spring seat, this will be replaced with MSS small slip mat.
- 2. Remove and replace the lower OE rubber spring seat, this will be replaced with MSS small slip mat.
- 3. Couple the black & orange springs with our patent-pending middle located adjuster. Ensure the Spring system is centralised at the top & bottom.
- 4. OPTIONAL: Fit the MSS protective sleeves over the adjuster for dust protection.
- 5. Fit the MSS stacked arrangement back in place of the OE single form spring. Our stacked springs are a direct replacement for the factory single form springs.
- 6. Tighten the suspension parts that had been removed. Refer to the manufacturer's workshop manual for steps on how to safely remove the struts from the vehicle, remove and refit the springs and on the correct torque settings.
- 7. Set the ride height to sit 5mm higher than the fronts when measured from fender edge to wheel hub centre.

Please be aware that this is a MUST DO.

# **POST INSTALL STEPS**

Complete a 1-mile journey before setting the ride height and 4-wheel alignment. Refer to pages 3 and 4 of the latest version of the 'MSS INFO for Installer guide for assistance on how to measure ride height.



The rear axle ride height should be set to at least 5mm higher than the front axle ride height when measured as per page 3 of the latest version of the

'MSS INFO for Installer' guide. This is a KEY step.

Honda Civic Type R (FK8)

REAR ASSEMBLY

What if a part is missing? Please email support@mss.company. We will resolve the issue as quickly as we can.

